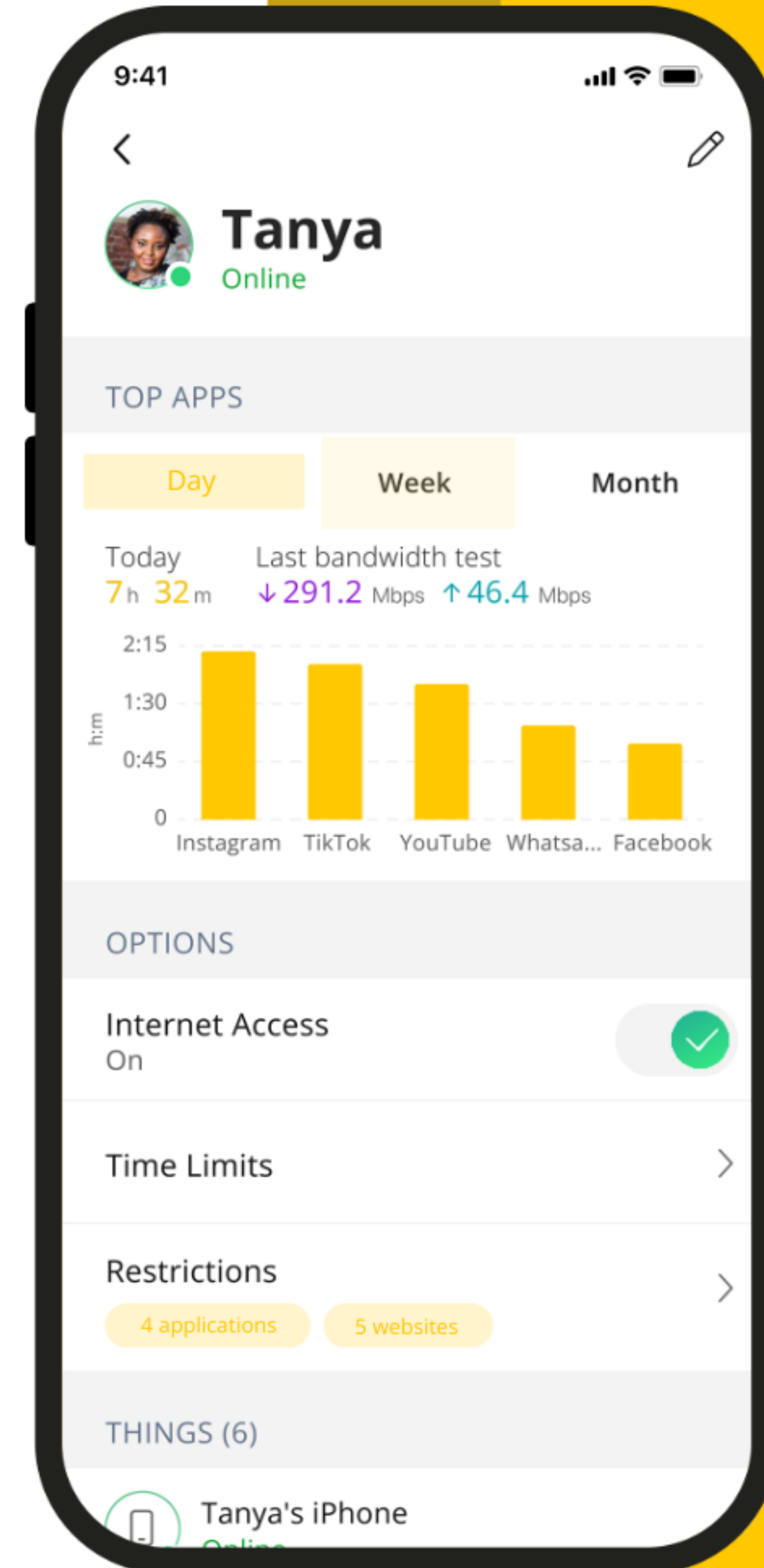# Profile Usage

You can view the time usage of top apps by:

- Day
- Week (last 7 days)
- Month (last 30 days)

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